

Using L & I's Health & Safety Website



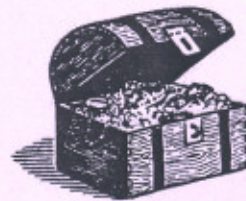
Selected Resources for Fire Chiefs

Nichole Rose, IH
DOSH Consultation, Education & Outreach Program
April 18, 2007

www.lni.wa.gov

Key safety & health resources include:

- A-Z topic pages
- On-line (interactive) training kits
- Videos for training
- Ask an expert and other services
- Rules, policies
- Workshops
- Links to NIOSH, CDC, OSHA



Index of agency-wide resources. Offers **few** S & H resources.

Toll-free numbers and map of regional boundaries.

Use this to find specific technical resources.

Click on this tab to find the most complete S & H resource list.

Use the search box to quickly find DOSH consultants and other specific resources.

This is L & I's homepage screen.

Office locations, hours of operation, general contact information, and driving directions.

The screenshot shows the homepage of the Washington State Department of Labor and Industries. At the top, there is a navigation bar with links for 'Topic Index', 'Contact Info', and a search box. Below this is a main menu with tabs for 'Home', 'Safety', 'Claims & Insurance', 'Workplace Rights', and 'Trades & Licensing'. A secondary menu includes 'Find a Law (RCW) or Rule (WAC)', 'Get a Form or Publication', and 'Help'. The main content area is divided into three sections: 'Business Links', 'Worker Links', and 'Medical Provider Links'. Each section contains a list of resources, with arrows pointing to specific items like 'Find a safety rule' and 'Find safety training materials'. To the right, there are 'Quick Links' and 'Office Locations' (which includes a map of Washington). The footer contains contact information, a toll-free number (1-800-547-8367), and a 'Local intranet' link. The Windows taskbar at the bottom shows the 'start' button, several open applications, and the system clock at 9:45 AM.

Contact Washington Dept. of Labor and Industries - Microsoft Internet Explorer
 File Edit View Favorites Tools Help
 Back Search Favorites
 Address <http://www.lni.wa.gov/Main/ContactInfo/> Go

Washington State Department of Labor and Industries
 Topic Index **Contact Info** Search
 Home Safety Claims & Insurance Workplace Rights Trades & Licensing
 Find a Law (RCW) or Rule (WAC) Get a Form or Publication Help

Contact Information

Toll-Free Numbers Find DOSH consultants & central office subject specialists here.	Main line: 1-800-LISTENS 1-800-547-8367	Employment standards/workplace rights 1-866-219-7321
	Automated claims info 1-800-831-5227	Safety and health: 1-800-4BE-SAFE 1-800-423-7233
	Crime victims compensation 1-800-762-3716	Report fraud 1-888-811-5974

➔ **Other L&I toll-free numbers**

Contact L&I Staff
 By SUBJECT (phone, fax, some e-mail addresses)
 By PROGRAM and LOCATION (phone, fax, mailing addresses, no e-mail addresses)

L&I Office Locations
 Phone numbers, addresses and driving directions
 Washington State [map](#) of L&I office locations (PDF 121 KB)

L&I Tumwater Office

Location: 7273 Linderson Way SW Tumwater, WA 98501-5414 Tumwater office driving directions Hours of operation: 8 a.m. to 5 p.m.	360-902-5800 Fax: 360-902-5798 TDD: 360-902-5797 Get e-mail updates from L&I programs.
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See handouts

This is what you see when you access the "Contact Info" link.

Local intranet
 start Deleted Items - Micro... Microsoft PowerPoint ... Contact Washington ... 12:36 PM

- The Basics
- Topic Center
- Training
- Hazard Prevention
- Research
- Rules & Policies

Safety

Workplace safety and health

- The Basics**
- > Core Rules
 - > Steps to a Safe Workplace
 - > Sample Programs
 - > Assistance & Consultation
 - > Small Business Basics

- Topic Center**
- > A-Z Safety & Health Topics
 - > Certification & Permits
 - > WISHA Advisory Committee

- Training**
- > Courses, Videos & Workshops
 - > Required Training & Plans
 - > Safety Forms, Publications & etc.

- Rules & Policies**
- > Find a Rule
 - > New Rule Activity
 - > Helpful Tools for Specific Rules
 - > Policies & Guidelines
 - > Related Laws (RCWs)

- Hazard Prevention**
- > Idea Banks
 - > Hazard Alerts
 - > Health & Workplace Diseases
 - > Ergonomics
 - > Chemical Safety

- Research**
- > What's New in SHARP
 - > About the SHARP Program
 - > SHARP Focus Newsletter
 - > Projects
 - > Publications

L&I offers free consultations to employers to help reduce workplace injuries and illnesses.

> Check out our consultation services.

Related L&I Topics

- > Posters (required and recommended)
- > Teen Worker Safety

Other Web Sites

- > Related Safety & Health Web Sites
- > Learn About Doing Business in Washington

The content here is also found on the A-Z list

This link provides quick access to many technical resources
See handout
"blue"



This is the key page to find DOSH and other safety & health resources.

- ③ The Basics
- ③ Topic Center
- ③ Training
 - ☐ Courses, Videos & Workshops
 - ☐ Online Safety Courses
 - ☐ Employee Training Kits
 - ☐ Video Library
 - ☐ Videos Online
 - ☐ Workshops
 - ☐ Governor's Safety & Health Conference
 - ☐ Required Training & Plans
 - ☐ Safety Forms, Publications & etc.
- ③ Hazard Prevention
- ③ Research
- ③ Rules & Policies

Courses, Videos & Workshops

Online Safety Courses

Free online safety and health training for employers and employees on a wide variety of topics.

Employee Training Kits

Training Kits for customizing to meet training requirements in WISHA Rules.

Video Library

Find safety training videos you can reserve and show to your employees.

Videos Online

Watch and download videos on the Internet

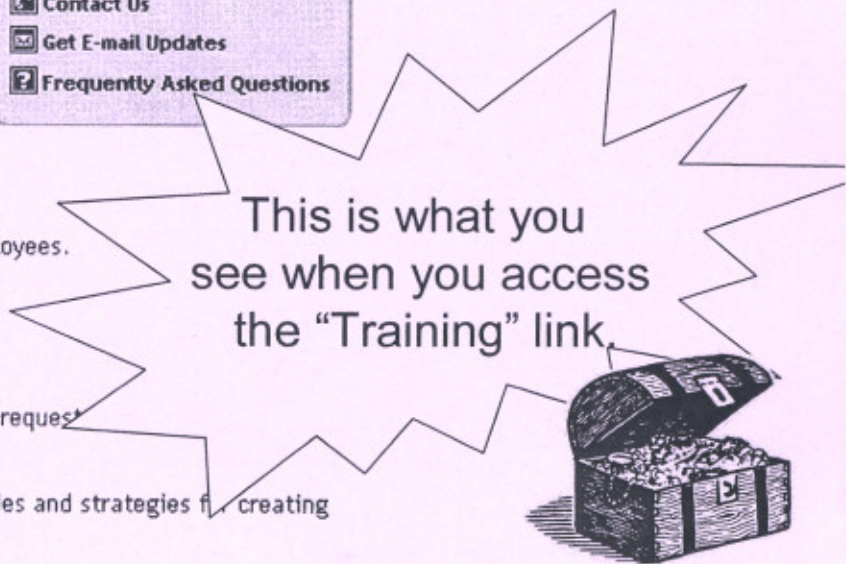
Workshops

Attend safety-related workshops offered at local L&I offices or by request

Governor's Safety & Health Conference

Attend this conference and learn about the latest tools, technologies and strategies for creating safer workplaces.

- ☐ Contact Us
- ☐ Get E-mail Updates
- ☐ Frequently Asked Questions



- ③ The Basics
- ③ Topic Center
- ③ Training
- ③ Hazard Prevention
 - ☐ Idea Banks
 - ☐ Ergonomics Ideas Bank
 - ☐ Noise Reduction Ideas Bank
 - > Search for Ideas
 - > Submit Ideas
 - > Frequently-Asked Questions
 - > Related Web Links
 - ☐ Machine Safeguarding Ideas Bank
 - ☐ Hazard Alerts
 - ☐ Health & Workplace Diseases
 - ☐ Ergonomics
 - ☐ Chemical Safety
- ③ Research
- ③ Rules & Policies

Noise Reduction Ideas Bank

- You must reduce noise exposure if your employees are exposed to an average noise level of 90 decibels or more over eight hours (WAC 296-817).
- The best way to control noise is at the source.
- This Ideas Bank contains engineering controls to help reduce noise at the source.

Contact Us

- Related L&I Topics
- > How to use this web site
 - > Washington State's Hearing Loss Prevention (Noise) Rule
 - > Basic Noise Guide
 - > Other Noise-Related Resources

The Noise Reduction Ideas Bank is:

- ✓ A searchable collection of ideas that may help you reduce worker exposure to high level noise sources
- ✓ A helpful tool for finding ways to reduce noise from equipment in your workplace. Workers and employers should work together to determine ways to reduce noise levels.
- ✓ A place where you can send in noise reduction ideas, so that other workplaces benefit from them.

Search for Ideas

Submit an Idea

This is one of 3 interactive Ideas Banks.

DISCLAIMER: L&I staff have reviewed the ideas found in the Noise Reduction Ideas Bank to make sure they are consistent with the general practice of hearing loss prevention. Ideas are included at the sole discretion of the Department of Labor and Industries. The Department does not endorse any commercial products found on this site or guarantee that the ideas on this site will eliminate noise hazards identified in Washington State's Hearing Loss Prevention (Noise) rule. Employers and employees should work together to make sure that noise hazards are properly controlled.

- The Basics
Topic Center
Training
Hazard Prevention
Research
What's New in SHARP
About the SHARP Program
SHARP Focus Newsletter
Projects
Publications
Rules & Policies

Research

Safety & Health Assessment & Research for Prevention (SHARP) - Promoting Safer, Healthier Workplaces

What's New in SHARP
New publications, reports, and general news for the SHARP program.

About the SHARP Program
Describes the Safety & Health Assessment & Research for Prevention (SHARP) program.

SHARP Focus Newsletter
View the current issue of SHARP's quarterly newsletter.

Projects
Research projects conducted by SHARP.

Publications
Research reports and educational materials.

- Contact Us
Get E-mail Updates

- Related L&I
Recogniz...
Pandem...
More He...
Res...

This is what you see when you access the "SHARP" link.

"Review of the Epidemiologic Studies for the Association between Firefighters and Selected Cancers; Multiple Myeloma, Stomach, Prostate, Testicular, Intestinal - Colon and Rectal Cancers."

- ① The Basics
 - Core Rules
 - Steps to a Safe Workplace
 - Sample Programs
 - Assistance & Consultation
 - Request Consultation
 - > About WISHA Consultation
 - > Consultants Near You
 - > Employer Testimonials
 - E-mail an Expert
 - Complaints & Discrimination
 - Small Business Basics

- ② Topic Center
- ② Training
- ② Hazard Prevention
- ② Research
- ② Rules & Policies

Consultants Near You

To request a consultation

Call an L&I regional office near you and ask for the WISHA consultation supervisor.

Region	Counties	Phone Number	E-mail
REGION 1	<ul style="list-style-type: none"> ■ Island ■ San Juan ■ Skagit ■ Snohomish ■ Whatcom 	425-290-1431	GASR235@LNI.wa.gov
REGION 2	<ul style="list-style-type: none"> ■ King 	206-515-2837 or 206-835-1146	SOLT235@LNI.wa.gov or WESJ235@LNI.wa.gov
REGION 3	<ul style="list-style-type: none"> ■ Clallam ■ Jefferson ■ Kitsap ■ Pierce 	253-596-3917	MAHA235@LNI.wa.gov
REGION 4	<ul style="list-style-type: none"> ■ Clark ■ Cowlitz ■ Grays Harbor ■ Klickitat ■ Lewis ■ Mason ■ Pacific ■ Skamania ■ Thurston ■ Wahkiakum 	360-902-5472	COOR235@LNI.wa.gov
REGION 5	<ul style="list-style-type: none"> ■ Adams (west) 	509-886-6570	MCFJ235@LNI.wa.gov

Partial list only!

[Home](#)[Safety](#)[Claims & Insurance](#)[Workplace Rights](#)[Trades & Licensing](#)[Find a Law \(RCW\) or Rule \(WAC\)](#)[Get a Form or Publication](#)[Help](#)[The Basics](#)

- Core Rules
- Steps to a Safe Workplace
- Sample Programs
- Assistance & Consultation
 - Request Consultation
 - E-mail an Expert
 - Complaints & Discrimination
- Small Business Basics

[Topic Center](#)

- [Training](#)
- [Hazard Prevention](#)
- [Research](#)
- [Rules & Policies](#)

E-mail an Expert

Select an e-mail link below to ask a question or provide your feedback on a specific area of WISHA.

Worker Safety and Health Topic	E-mail Address
<ul style="list-style-type: none"> ■ Telecommunications ■ Electrical safety 	Rick Evans Evas235@LNI.wa.gov
<ul style="list-style-type: none"> ■ Abrasive Blasting ■ Bakeries ■ Fire Fighters ■ Fire Protection ■ Fire Suppression Equipment ■ Flagging ■ Fork Lifts ■ Hand Tools ■ Industrial Trucks ■ Laundries ■ Lock Out/Tag Out ■ Machine Guarding ■ Portable Power Tools ■ Textile Industries ■ Traffic Control 	Lou Flores Flos235@LNI.wa.gov
<ul style="list-style-type: none"> ■ Dipping and coating operations ■ Portable power tools ■ Ladders ■ Fixed stairs ■ Elevating work platforms ■ Powered platforms for build maintenance ■ 1st Aid ■ PPE ■ Machine safety ■ Forklifts 	Lance Mayhew Mayl235@lni.wa.gov
<ul style="list-style-type: none"> ■ Logging/Arborists ■ Paper Mills ■ Pulp Mills ■ Railroads/Jurisdiction 	Tom Ford Ford235@LNI.wa.gov

Partial list only!

Home

Safety

Claims & Insurance

Workplace Rights

Trades & Licensing

Find a Law (RCW) or Rule (WAC)

Get a Form or Publication

Help

L&I Toll-free Numbers**Automated claims information 1-800-831-5227**For injured workers, employers and medical providers. ([More information](#))**Claim information correction 1-866-893-1530**

The toll-free number to report confidential information or misfiled documents in an online claim file.

Office of Information and Assistance 1-800-547-8367 (1-800-LISTENS)Serves as a central point of contact in Labor and Industries. Customer service representatives answer general questions about workplace safety and health, workers' compensation, workers' rights, and other L&I services.**Contractor Registration Verification 1-800-647-0982**Learn if a contractor is currently registered, how long the contractor has been registered and whether action against the contractor's bond is pending or has been taken in the past. Or use the online tool [Look Up a Contractor, Electrician, or Plumber](#). You may also ask the name of the contractor's insurance company to verify coverage.**Crime Victims Compensation Program 1-800-762-3716**This program provides financial assistance to victims of violent crime, such as assault, domestic violence or child abuse, who meet specific eligibility requirements. ([More information](#))**Employment standards/workplace rights 1-866-219-7321**Call this number to get information about prevailing wage, minimum wage, child labor laws and minor work permits, overtime, farmworker or other employment standards issues, or to request free workplace rights posters or other forms and publications.**Fatality/ catastrophe reporting 1-800-423-7233**You must report the death, or probable death, of any employee, or the in-patient hospitalization of two or more employees within 8 hours. ([More information](#))**Field Office Locations and Phone Numbers**Some of our 20 service locations across the state have toll-free numbers.**Governor's Industrial Safety and Health Conference 1-888-451-2004**Request [registration information](#) for the Governor's Industrial Safety and Health Conference.**Medical providers ROA fax number 1-800-941-2976**

Medical providers can fax the workers' compensation Report of Industrial Injury or Occupational Disease (ROA) forms to L&I at 1-800-941-2976 or 360-902-6690.

Provider Hotline 1-800-848-0811Service providers involved in the care and treatment of injured workers use this number to obtain [authorization for services](#) and answers to billing questions.**Report Fraud 1-888-811-5974**Use this number to report contractor, employer, workers' compensation, or medical provider fraud – or report them online at [L&I's Fraud web site](#).**Safety and Health Hotline 1-800-423-7233**Provides a menu of options callers can use to request safety and health standards, order posters and publications and more. To make a workplace-related safety and health complaint, please call the L&I office nearest you.**Safety and Health Video Library 1-800-574-9881***partial list only!*

**DIVISION OF OCCUPATIONAL SAFETY AND
HEALTH (DOSH)**

PO Box: 44600

Information 360 902-5495
 FAX Numbers 360 902-5619
 Safety and Health Hotline 800 423-7233
 Assistant Director, Stephen Cant 360 902-5495
 Administrative Assistant, Diane Westmoreland 360 902-5494
 Acting Deputy Assistant Director, Jim Fernald 360 902-5449
 Administrative Assistant, Vacant 360 902-5440

Construction & Speciality Services
 Program Manager, Dan McMurdie 360 902-5460
 Administrative Assistant, Bonnie Compton 360 902-5505
 Asbestos Certification 360 902-5435
 Explosives Licensing
 Logging Frequencies (Talkie Tooter)
 Maritime/Construction Crane Certification

Hygiene Technical,
 John Furman 360 902-5666
 Safety Technical,
 Alan Lundeen 360 902-5154
 Administrative Assistant,
 Veda McCall 360 902-5436
 MSDS Review & Approval 360 902-5436

**Operations
PO Box: 44600**

FAX Number 360 902-5619
 Senior Program Manager, Janet Kenney 360 902-5430
 Administrative Secretary, Gerald Franks 360 902-6233
 WISHA Discrimination
 Investigations & State Plan, Don Butler 360 902-5480
 DOSH Internet and Learning
 Technologies 360 902-5536

**Consultation Services, Education and Outreach
Programs
PO Box: 44648**

FAX Number 360 902-5459
 Statewide Consultation, Education & Outreach
 Program Manager, Mel James 360 902-5496
 Administrative Secretary, Marcia Benn 360 902-5503
 Consultation Policy and Cooperative
 Programs Manager, John Geppert 360 902-5431
 Ergonomics 360 902-5450
 Industrial Hygiene
 Risk Management 360 902-5790
 Safety and Health Consultation 360 902-5735
 Small Business Recognition &
 Voluntary Protection Program 360 902-5515

**Regulatory and Legal Services
PO Box: 44630**

FAX Number 360 902-5459
 Senior Program Manager, Beth Hoffman 360 902-5439
 Administrative Secretary, Linda McDonough 360 902-5027
 WISHA Appeals Manager, Nancy Bell 360 902-4856
 WISHA Appeals Hotline 360 902-5486
 Standards, Tracy Spencer 360 902-5530
 Right-to-Know 360 902-6375
 Safety and Health Standards Distribution 360 902-5541

**Education and Outreach
PO Box: 44640**

FAX Number 360 902-5459
 Education & Outreach Manager, Dan Locke 360 902-5978
 Administrative Assistant, Etta Keller 360 902-5452
 Governor's Conference Toll-free Number 888 451-2004
 Governor's Conference Manager, Char Alexander 360 902-5446
 Governor's Conference Coordinator 360 902-5415

partial list only!

[Home](#)[Safety](#)[Claims & Insurance](#)[Workplace Rights](#)[Trades & Licensing](#)[Find a Law \(RCW\) or Rule \(WAC\)](#)[Get a Form or Publication](#)[Help](#)[The Basics](#)[Topic Center](#)[A-Z Safety & Health Topics](#)[Certification & Permits](#)[WISHA Advisory Committee](#)[Training](#)[Hazard Prevention](#)[Research](#)[Rules & Policies](#)

Respiratory Protection

Introduction

- Harmful chemicals, dusts, biological contaminants can be released into the air while people are doing their jobs.
- These hazards can be controlled using exhaust ventilation or some other type of control such as substituting one toxic compound with a less toxic one.
- If the controls don't work completely or while these controls are being installed or implemented, it may be necessary to wear respirators.
- Respirators are the last line of defense and worker knowledge and proper use are critical.
- Respirator use requires constant supervision to make sure they are being used properly. When respirators are not used correctly, workers may become ill from exposure to the air contaminants or even die from a lack of oxygen.

Regulatory Information

- In Washington State, the requirements for all other industries relating to respiratory protection have been moved to Chapter 296-842 WAC, Respirators, and Chapter 296-841 WAC, Respiratory hazards.
- The requirements in WAC 296-62-071 through 296-62-07295 apply only to agriculture.
- This standard is based on OSHA's respiratory protection standard, 29 CFR 1910.134. However, it contains some requirements and clarifications not found in OSHA's standard.
- Extra respiratory protection requirements may apply if your workplace is covered by other health & safety standards addressing contaminant-specific or industry-specific work.

Using respirators

- Before relying on respirators for protection you must reduce exposures using engineering controls such as exhaust ventilation or administrative controls such as standard operating procedures. You may rely on respirators while you are installing or implementing these controls.
- Not all respirators will work in every situation. You need to understand the nature of the air contaminant including such things as the concentration, any legal limit, oxygen-level, among others.
- Respirators must be maintained in order to work properly and the respirator itself may harm some individuals.
- It is necessary to develop a complete respiratory protection program to make sure that the respirators will protect workers and that wearing them does not harm the workers.
- A complete respiratory protection program includes information and specific actions covering

- Selecting respirators
 - Medical evaluations
 - Fit testing respirators (applies if tight fitting respirators are required)
 - Maintaining and caring for respirators
 - Using respirators including routine and emergency use procedures
 - Supplied Air quality (applies if airline or SCBAs will be used)
 - Training users and supervisors
 - Evaluating the Respirator Program
- When respirators are voluntarily used, limited program requirements may apply.

Resources

- The following link will take you to a sample respiratory protection program that you can view, edit, download and print. If you use these sample programs remember to tailor them to fit your workplace activities.
- Respiratory Protection Training Kit - Developed by WISHA's Training and Outreach Services. Provides slide presentations to comply with the training requirements of the WISHA Respirators Rule (WAC 296-842). There are three modules: Module 1 - Filtering Facepieces (dust masks), Module 2 - Cartridge Respirators, and Module 3 - Supplied-air Respirators.
- The L&I Safety & Health Video Library also offers a number of videos on Respiratory Protection. You can browse the available Respiratory Protection videos here.
- A list of respirator manufacturers is now available here.


Additional resources will become available in the near future.

Additional Links

Additional information on respiratory protection can be found at the following sites.

- National Institute for Occupational Safety and Health web site
- Occupational Safety & Health Administration's web site for respiratory protection

Ask an Expert

-  Email a Specialist if you have additional questions about respiratory protection.



[About L&I](#) | [Find a job at L&I](#) | [Información en español](#) | [Site Feedback](#) | 1-800-547-8367

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Visit access.wa.gov

Respirator Manufacturers

Respirator manufacturers frequently provide recommendations on the proper use for their particular products. For updates to this list, see the Industrial Safety Equipment Association's Buyers Guide on the web at <http://www.safetycentral.org/isea/index.html>

<p>3M COMPANY OCCUPATIONAL HEALTH & ENVIRONMENTAL SAFETY DIVISION Building 275-6W-01 3M Center St. Paul, MN 55133-3275 3M Technical Service: 1-800-243-4630 651-733-7297 / Fax: 651-736-6677 http://www.mmm.com/occsafety</p>	<p>MOLDEX-METRIC, INC. 10111 West Jefferson Boulevard Culver City, CA 90232 800-421-0668 ext. 515 or 503 / Fax: 310-837-9563 http://www.moldex.com</p>
<p>AEARO COMPANY 90 Mechanic St. Southbridge, MA 01550 800-444-4774 / Fax: 800-488-8007 http://www.aearo.com</p>	<p>MSA PO Box 426 Pittsburgh, PA 15230 800-672-2222 / Fax: 800-967-0398 Info@MSAnet.com http://www.MSAnet.com</p>
<p>ALLEGRO INDUSTRIES 7221 Orangewood Ave. Garden Grove, CA 92841 800-622-3530 / Fax: 800-362-7231 http://www.allegrosafety.com</p>	<p>NORTH SAFETY PRODUCTS 2000 Plainfield Pike Cranston, RI 02921 800-581-0444 / Fax: 800-572-6346 http://www.northsafety.com</p>
<p>BULLARD, E.D., COMPANY 1898 Safety Way Cynthiana, KY 41031 800-827-0423 / Fax: 606-234-8987 http://www.bullard.com</p>	<p>OCENCO, INC Lakeview Corporate Park 10225 82nd Ave. Pleasant Prairie, WI 53158 800-932-2293 / Fax: 414-947-9020 http://www.ocenco.com</p>
<p>CLEMCO INDUSTRIES CORP. 1 Cable Car Drive Washington, MO 63090 636-239-0300 / Fax: 800-726-7559 http://www.clemcoindustries.com</p>	<p>PRO-TECH RESPIRATORS, INC. - (See Survivair, Inc.)</p>
<p>DALLOZ SAFETY 2nd & Washington St. Reading, PA 19603-0622 800-345-4112 / Fax: 800-345-0567 http://www.cdalloz.com</p>	<p>RACAL HEALTH & SAFETY, INC. - (See 3M Company)</p>

<p>DRAEGER SAFETY, INC. 101 Technology Drive Pittsburgh, PA 15275 800-922-5518 / Fax: 800-922-5519 http://www.draeger.net</p>	<p>SCOTT HEALTH & SAFETY 309 West Crowell Street Monroe, NC 28110 800-633-3915 / Fax: 704-282-8423 http://www.scottaviation.com</p>
<p>FIBRE METAL PRODUCTS COMPANY Route 1 & Brinton Lake Road PO Box 248 Concordville, PA 19331 800-523-7048 / Fax: 610-459-9446 http://www.fibre-metal.com</p>	<p>SELLSTROM MANUFACTURING PO Box 355 One Sellstrom Drive Palatine, IL 60078-0355 800-323-7402 / Fax: 847-358-8564 http://www.sellstrom.com</p>
<p>GERSON COMPANY 15 Sproat Street Middleboro, MA 02346 800-225-8623 / Fax: 800-4-GERSON http://www.gersonco.com</p>	<p>SURVIVAIR, INC. A Bacou USA Company 3001 South Susan Street Santa Ana, CA 97204 888-277-7222 / Fax: 800-201-4407 http://www.survivair.com</p>
<p>HORNELL SPEEDGLASS, INC. 2374 Edison Boulevard Twinsburg, OH 44087 800-628-9218 / Fax: 330-425-4576 http://www.speedglas.com</p>	<p>U.S. SAFETY PO Box 15965 Lenexa, KS 66285-5965 800-821-5218 / Fax: 800-252-5002 http://www.ussafety.com</p>
<p>INTERNATIONAL SAFETY INSTRUMENTS, INC. 922 Hurricane Shoals Road Lawrenceville, GA 30043 Contact: Customer Service 888-474-7233 / Fax: 770-963-2797 http://www.intsafety.com</p>	<p>UVEX SAFETY, INC. - (See Survivair, Inc.)</p>
<p>JACKSON PRODUCTS, INC. 2997 Clarkson Road Chesterfield, MO 63017 800-472-6524 / Fax: 800-338-4003 http://www.jackprod.com</p>	<p>WILSON - (See Dalloz Safety)</p>
<p>KIMBERLY-CLARK CORPORATION 221 Roswell St., Suite 100 Alpharetta, GA 30004 800-255-6401 / 800-579-3555</p>	

Click on the letter below to go to a particular topic.



Jump to a letter:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1, 2-Dibromo- 3-chloropropane

About WISHA

Abrasive blasting

Access to Records

Accident cost estimator (Workers' Compensation Board -- BC)

Accident Prevention

Accident Prevention Program (APP) Guide

(Includes sample APP's for various industries)

Accident Reporting and Investigation

Acrylonitrile

Actinolite

A-frames

Agriculture

Agriculture, Asphyxiation Hazards

Agriculture, Safety standards for

Agriculture Safety Tailgate Talks (From Ohio State University)

Agriculture, Field Sanitation Checklist (English-Español)

Air contaminants (General)

Ammonia

Amusement Ride Safety

Animal Borne Diseases (Hantavirus, rabies, tick-borne disease, West Nile virus)

Anthophyllite


Anthrax Alert: Guidelines for Mail Sorters


Arsenic (Rule)

Arsenic Training Kit

Asbestos

✓ **Asbestos removal and encapsulation**


 Asbestos Abatement Contractors

 Asbestos Training Course Sponsors

Automatic sprinkler systems

Avian flu

Avian Flu Resources (CDC)

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Jump to a letter:


A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Bakery equipment, Safety standards for

Benzene

Benzene - General information

Benzene Rule


 Benzene Rule Appendices (300 KB PDF / 2 min)

Benzene Training Kit

√ **Bioterrorism**

Bird flu


√ **Bloodborne Pathogens**

 Blue Ribbon Panel Report (Ergonomics)

Breathing Hazards in Silos

Bullying

Butadiene

Back to top 



Jump to a letter:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Cadmium

Calculator for lifting operations

√ **Carbon Monoxide**

Carcinogens (General)

Certifications & Licensing

Charter boats, Safety requirements for

Charter Vessels

Checklists - (Caution Zone and Hazard Zone Jobs)

Chemical Hazards

Chemical Hazard Communication (see also Hazard Communication)

√ **Chemical Hazard Communication Training Kit**

√ **Chemical Safety Board (CSB)**

Chemical Substitutes (online database)

Chemistry lab safety guide for schools - NIOSH publication

Cholinesterase Monitoring

Chromium (Chromium 6)

WISHA Rule: Chapter 296-62

OSHA Links: Small Business Compliance Guide & Health Effects of Hexavalent Chromium - Factsheet

Hexavalent Chromium in the Maritime Industry: PowerPoint Presentation

Hexavalent Chromium Training Kit

Coke Ovens

Color codes

√ **Combustible dust - video from CSB Video Archives**

Commercial diving operations, Standards for

Complaints & Discrimination - Report a workplace hazard

Compressed Air Tools (Portable Power Tools)

Compressed air work, Safety Standards for

Compressed gas cylinders

Compressed gases

Computer-Based Training

√ **Confined Space**


Costs: what do workplace injuries cost? (Workers' Compensation Board -- BC)

Construction, Safety Standards for

Construction - ToolBox Talks

Construction eTool in English (OSHA) Construction eTool - Preventing Fatalities

Construction eTool in Spanish (OSHA) eTool de Construcción – La Prevención De Fatalidades

 Construction Site Hazards To Watch Out For (3,000 KB PDF)

Consultation (Safety & Health)

Contractor Registration

Conveyors

General Safety, WAC 296-24-21515

Machine Safety, WAC 296-806

Core Rules (Safety & Health)

Cotton Dust

Cranes

General Safety, WAC 296-24, Part D

Maritime Cranes - Certification

Safety Standards for Construction Work, WAC 296-155, Part L

Crawler locomotive and truck cranes

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Discrimination & Complaints - Report a workplace hazard

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Electrical workers, Safety standards for - Hazardous locations

Electrical, Basic (Core Rules)

√ **Electrocution Hazards**


Elevating work platforms - General industry
Construction - Chapter 296-155 WAC, Part J-1
Scaffolds - Chapter 296-874 WAC
Powered platforms for building maintenance, WAC 296-24-880
Emergency Response
Emergency Washing
Employee emergency plans and fire prevention plans
Employment Opportunities
Environmental Tobacco Smoke (ETS)

√ **Ergonomics**

 Ergonomics Blue Ribbon Panel Report
Ergonomics Checklists and Calculators
Ergonomics Workshops
Español (Sitio Web de WISHA en Español)
Ethylene oxide
Exit Routes and Employee Alarm Systems
Explosives
Exposure Limits
Excavation & Trenching
Rule - WAC 296-155-655 General protection requirements
Trench Safety Awareness - NIOSH Publication No. 2006-133D

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√ **Eye protection - Training Kit**

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Fall Protection
Fall Restraint and Fall Arrest
Falls from Ladders and Roofs
Fatalities
File a Safety & Health Complaint
Fire alarm signaling systems
Fire brigades
Fire extinguishers
Firefighters, Safety standards for
Fire suppression

√ **First Aid**

Flagger Safety
Flammables and combustibles
Floors, safety and health core rules
Floors, construction
Forklift Rodeo (Governor's Conference)

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Formaldehyde
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Framing Emphasis Checklist (English)
Framing Emphasis Checklist (Russian)


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General Safety Standards - Purpose and Scope
Gloves (Hand Protection)
Governor's Safety & Health Conference
Grain bins
Grain handling facilities, Safety standards for
 Grant Program Final Report (PDF: 1551 KB / 9 min. dialup)
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Guidelines for Selecting Reserve Trees

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- √ **Hand protection - Training Kit**
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- √ **Hazard Alerts**
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 - Hazardous Waste
 - Hazards in Veterinary Services
- √ **Hearing Loss Prevention and Noise (Hearing Conservation)**
 - Heat exhaustion
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 - Heat stroke
 - Heat wave
 - Helicopters
 - Hexavalent Chromium
 - WISHA Rule: Chapter 296-62
 - OSHA Links: Small Business Compliance Guide & Health Effects of Hexavalent Chromium - Factsheet

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Hospitals: Solutions to frequently-cited safety violations

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Ladders, Fixed

Ladders, Portable

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Latex Allergy Hazard Alert

Laundry machinery and operations, Safety standards for

Lawnmowers

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√ **Lead**

Lifting operations calculator

Lifesaving Awards (Governor's Conference)

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Nanotechnology

Nail guns

Use Caution When Using Nail Guns - from the Connecticut Occupational Health e-News, Vol. 3, Issue 2, Spring 2006

Pneumatic Nailer (Nail Gun) Injuries in WA State, 1990-1998 - SHARP Technical Report Number: 59-1-1999

No Fee Workshops

Noise & Hearing Loss Prevention (Hearing Conservation)

Non-Ionizing Radiation Hazards

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Personal protective equipment (PPE) - Rule

Personal protective equipment - Training Kits:

- Eye Protection
- Hand Protection
- Hardhats
- Hearing Protection
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Personal Protective Equipment

√ **Pesticides**

Pocket Guide to Safety - for the Roofing Industry

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√ **Polybrominated Diphenyl Ethers (PBDEs)**

Portable Power Tools

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Power Actuated Fastening Systems

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√ **Powerlines**

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Process safety management (PSM)

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Questions, frequently asked

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Radio Signaling (Talkie-Tooters for Loggers)

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RCW (Revised Code of Washington)

Recordkeeping

√ **Keeping Records of Workplace Injuries**

Recordkeeping and Reporting

Refineries

refinery explosions - video from CSB

benzene rule

benzene training kit

process safety management (PSM)

chemical safety board (CSB)

PSM training modules

Regulations, Policy and Law

Releasing accident investigation reports

Report a Safety & Health Hazard

√ **Required Training**

Residential Construction

√ **Respiratory Protection**

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Respiratory Hazards

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Safer cleaning chemical substitutes (online database)

Safety Bulletin Board

Safety committees/meeting

Safety Meetings - ToolBox Talks

Safety & Health Core Rules

Safety & Health Links

Safety and Health Training Resources

Safety, vest

Sanitation

Sanitation, temporary labor camps and nonwater carriage disposal systems

Sawmills and woodworking operations

Scaffolds

School to Work

School chemistry lab safety guide - NIOSH Publication

Ship repairing, shipbuilding and shipbreaking

Signs & Color Codes

Signs, Signals, and Barricades

Siding Safety (See Residential Construction)

Silos

Silos

Silica Dust - Training Kit

Silica Advisory- Construction Safety Advisory Magazine

Silica - NIOSH Safety and Health Topic

Silicosis - CDC Publication

Crystalline Silica Exposure - OSHA Health Hazard

OSHA Silica Advisor

OR-OSHA - Publication - What you should know about silicosis and crystalline silica

Ski area facilities and operations

Sodium hydrosulfide - video from CSB Video Archives

Split Rims

Spray Finishing

WAC 296-24-370 - Spray finishing using flammable and combustible materials

WAC 296-62-11019 - Spray finishing operations

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Tobacco Smoke in Office Environments

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Toxic chemicals

Trade Secrets

Training requirements

Training Resources, Safety and Health
Training through L&I
Tremolite
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Trench Safety Awareness - NIOSH Publication No. 2006-133D

Truck Bed Liners

√ **Tuberculosis (TB)**

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√ **Voluntary Protection Program (VPP)**

√ **Violence in the Workplace**

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WACs (Washington Administrative Code)

Walking and Working Surfaces

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What's New (WISHA)

√ **WIIMS (WISHA Interim Operations & Interpretive Memoranda)**

Window Cleaning

WISHA Advisory Committee

WISHA Administrative Rules

WISHA penalties, appeals and other procedural rules

WISHA Poster

WISHA University (Safety and Health Training Resources)

Worker Right to Know

Workers Rights

Workplace Violence Prevention

Work-related Musculoskeletal Disorder (WMSDs) Hazards

Workshops

WRDs (WISHA Regional Directives)

Online Safety Courses

These training materials provide basic awareness education on the subjects they cover. Some modules may be used for employee training, but do not meet training requirements specified in L&I rules. For rule-specified training, see the L&I training kits.

-  [Contact Us](#)
-  [Get E-mail Updates](#)
-  [Frequently Asked Questions](#)

NOTE: Some people have reported problems loading these modules in Internet Explorer. Read some troubleshooting tips here, or try running the modules in Mozilla FireFox.

- Online safety courses courtesy of OSHA

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Accident Investigation

- Accident Investigation Basics

Accident Prevention Program (APP)

- Accident Prevention Program (APP)
- Safety & Health Worksite Inspection Checklist - Module 1
- Safety & Health Worksite Inspection Checklist - Module 2
- Safety & Health Worksite Inspection Checklist - Module 3

Asbestos

- Asbestos - properties of, health effects and WISHA Rules

Asthma

- Occupational Asthma
- Wood Dust and Occupational Asthma

Biological Hazards

- Biological Hazards in Medical Laboratories

Bloodborne Pathogens

- Revised Bloodborne Pathogens Standard (WAC 296-823)
- What are Bloodborne Pathogens?

Chemical Hazard Communication

- Chemical Hazard Communication Overview

Chemicals

- Cholinesterase Monitoring Rule
- Working Safely with Solvents

Concrete Pumpers

- Concrete Pumpers - Electrical Hazards

Confined Space

- Confined Spaces - An Overview of the WISHA Confined Spaces Rule
- Confined Spaces - Overview of WISHA Confined Spaces Rule II
- Confined Spaces Overview 1

Partial list only!

Employee Training Kits

Training Materials available:

Training Kits

The training kits below provide materials and the information needed to meet WISHA safety and health training requirements.

See each training kit for more information and detailed instructions on how to meet the requirements.

Related L&I Topics

> [Construction Tool Box Talks](#)

Other Web Sites

> [Agriculture Safety Tailgate Talks](#)

- Arsenic
- Benzene
- ✓ ■ Bloodborne Pathogens
- ✓ ■ Chemical Hazard Communication
- Ethylene Oxide
- ✓ ■ Eye Protection
- Fall Protection
- Hard hats
- Hand Protection
- ✓ ■ Hearing Protection
- Heat Illness **new!**
- Hexavalent Chromium **new!**
- Lead In Construction
- Lockout/Tagout
- Noise Audits
- ✓ ■ Respiratory Protection
- Sample First Aid training curriculum
- Silica in Construction